

APTC Presentation Practicum Training in HIV Care: Serving the Ryan White Patient

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Context & Background

- ISU Psych Clinic ~small CUDCP program
general adult & substance abuse
practicum team
diversity w gay and lesbian patients
- Personal & Teaching
long standing interest
APA HOPE program

<http://www.apa.org/pi/aids/resources/education/index.aspx>

The Opportunity

- Ryan White Clinic within PFM Center
low incidence >100 patients
- Medical Staff
 - Pharmacist (Director)
 - Infectious Disease MD (part-time)
 - Nurse practitioner (primary care)
 - Staff nurse & Health dept caseworker
- Capacity Development Grant (funded)
infrastructure-wanting collaborative efforts

Why Training HIV?

- Pseudo awareness
- Epidemiology (>50,000 cases annually),
live w chronic disease, will see these Pts
- Increasingly recognized as psychiatric
epidemic; substance abuse connection
- Diversity: HIV disease of poor (low SES)
& marginalized groups
- Vector for Training # basic competencies

Clinic Activities

- Began Integrating HIV training within group practicum meetings, case conference
- Individual Patient Referrals
Clinic GTA - referral contact, screen medical team albeit high no show, CDQ
- HIV Stress-Management, Support group
Miami manual

Case Presentation

- 53 Year old, gay man HIV~5+yr
- College educated, working financial
- Assessment PAI Dep 83T, SI 72T BDI 24
SCID 296.35 M Depression, partial rem
- Medically Stable CD4~700, undetec
meds side effects gastro, high cholesterol
- 15 sessions CBT behavioral activation
cognitive restructuring (TR), & positive QL
- OQ scores 88 to 20 mutual termination

Behavioral Health Consultation

- Behavioral consultant as distinct role (Robinson & Reiter text)
- PFMC setting, team maybe 15 minutes
electronic medical record
- Assist team understanding MH & psychosocial issues, MI around behavioral change, make referrals
- Population focus SAMISS database, needs survey

Issues & Future

- Clinic Resource Limited
patients serve
- Viability of Group (confidentiality/stigma)
- Some Difficult Patients
needing psychiatry, case management
- Behavioral Consultation
future allocation time
- Rewarding Adventure

Selected References

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Practicum Training In HIV Care: Teaching and Clinical Resources

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General Background and Training

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APA HOPE Program Training Curriculum <http://www.apa.org/pi/aids/resources/education/index.aspx>

An AIDS Anniversary, Science Friday Podcast, May 9th, 2008.
<http://www.sciencefriday.com/program/archives/200805096>

Selected Clinical Resources

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Working with Lesbian, Gay, & Bisexual Patients

Pachankis, J. & Goldfried, M. (2004). Clinical Issues in working with lesbian, gay, and bisexual clients. *Psychotherapy: Theory, Research & Practice*, 41, 227-246.

Israel, T. et al. (2008). Therapists' helpful and unhelpful situations with LGBT clients: An exploratory study. *Professional Psychology: Research and Practice*, 39, 361-368.

Group Treatment

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Major Journals

AIDS and Behavior <http://www.springerlink.com/content/104828/>

AIDS Care <http://www.tandf.co.uk/journals/titles/09540121.asp>

AIDS: Education and Prevention <http://www.atypon-link.com/GPI/loi/aeap?cookieSet=1>

Mental Health AIDS <http://mentalhealthaids.samhsa.gov/>

Websites

CDC HIV/AIDS <http://www.cdc.gov/hiv/default.htm>

The Body: HIV Information Resources <http://www.thebody.com/>

HIV/ In Site <http://hivinsite.ucsf.edu/InSite?page=KB>